

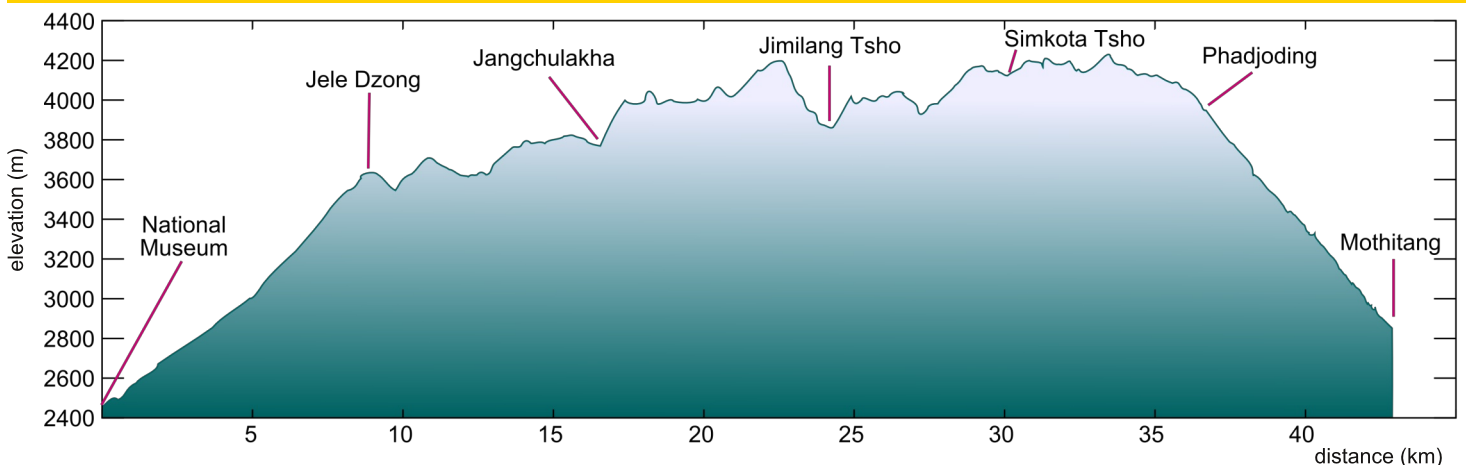
# Drak Path Trek 7 days

One of the most popular treks in Bhutan. This trek route goes from Paro to Thimphu and can be completed in 4 to 6 days depending on the group's ability. The trek is approximately 45km in length and has the highest elevation of around 4,200 meters. The main feature of this trek are the lakes that you will visit towards the end of the journey before descending into Thimphu Valley.

## Trek Map



## Trek Elevation Profile





# Drak Path Trek 7 days

## DAY 1: ARRIVAL AT PARO

L/D

On arrival at the Paro Airport, you will be received by the representative of Bhutan Peak Adventure who will then take you to your hotel. After lunch visit Drugyel Dzong or the Fortress of Victory from where the Bhutanese repelled many Tibetan invasions. The Dzong though in ruins holds great historical importance to the Bhutanese. From there, in fine weather, one can view the majestic Mt. Jhumolhari standing at an altitude of 7329m above the sea. Other places of interest include the National Museum, Paro Rinpong Dzong and the local market.

 Lodging: Hotel

## DAY 2: PARO – JELE DZONG

B/L/D

This is a short trekking day of about 4 to 5 hours. The trail is uphill through conifer forests. The view of the Paro Valley from the camp is absolutely breathtaking. Maximum altitude during the hike is Jele La at 3560m.

 Lodging: Tent

## DAY 3: JELE DZONG – JANGCHULAKHA

B/L/D

Gradual climbs and a few steep climbs take you through thick alpine forests and rhododendron bushes. You will see yaks and yak herders around the camp today. Total trek time is 3 to 4 hours.

 Lodging: Tent

## DAY 4: JANGCHULAKHA – JIMILANGTSHO

B/L/D

The trail follows the ridge and on a clear day one will be surrounded by beautiful mountains and river valleys. The camp site is near the Lake Jimilangtsho known for their giant sized trout. A distance of 11 km is covered in 4 to 5 hours.

 Lodging: Tent

## DAY 5: JIMILANGTSHO – SIMKOTA

B/L/D

The trail takes you through dwarf rhododendron bushes and the lake. You will be able to observe the nomadic life of the yak herders on the way today. The camp is beside the Simkota lake.

 Lodging: Tent

## DAY 6: SIMKOTA – PHAJODING

B/L/D

The trek begins with a gradual climb eventually reaching 4210m at Labana La. In clear weather you will be able to see the spectacular view of Mt. Gangkar Phuensum, the highest mountain in the country and her sister mountains. Descend down to the family of Monasteries at Phajoding which serves as the View point of the Thimphu valley. If desired, it is possible to continue all the way to Thimphu today.

 Lodging: Tent

## DAY 7: PHAJODING – THIMPHU/PARO

B/L/D

The trail leads downhill till your meeting with the transportation bus which will take you to your hotel. You should be able to reach the end of the trail before lunch. Rest of the day at leisure. It is possible to stay either in Thimphu or return to Paro. We do recommend considering staying one additional day so that you can visit Taksang (The Tiger's Nest) Monastery before departing Bhutan.

 Lodging: Hotel

## DAY 8: DEPARTURE

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After breakfast, our representative will transfer you to the Airport and see you off for your onward flight.

### Trekking Terms and Conditions

A guide will be assigned to be with you for the entire trek. A support team consisting of cooks, horses and horsemen will be travelling with you. This support group will look after carrying the tents, eating utensils, food, and gas cylinders. You will be responsible for carrying your own pack for clothing and other personal belongings.

The support team requires payment for their services in advance and often begin several days ahead of your trek. In the case of stopping a trek early due to illness, weather, or any other reason, you will become responsible for payment of hotels and food for the days that you were initially booked on the trek.

